We need Service Providers like you!

Are you looking to supplement your income? Looking to provide help to another older adult? We Need You!!

We are currently looking for individuals who are 50+ to provide services for individuals 55+

To be eligible you only need to do the following:

- Complete the service provider application form.
- Provide a criminal reference check.
- Participate in an interview.
- Provide 3 references.

Once you have provided us with this information, we can then move on to making you a Service Provider!

Program Eligibility

1. Be 55 years of age or older.
2. Be able to make arrangements with service providers.
3. Be living within the city of Winnipeg.

About the Sponsor

Good Neighbours Active Living Centre was developed by older adults for older adults who wanted to increase their own quality of life and others aged 55 plus. The centre has more than 1100 members and continues to grow.

Disclaimer

GNALC is not liable for any work performed by workers. The centre acts only as a referral source and it is the service seeker that employs the service providers. GNALC will ensure that the service providers have passed a criminal record check, interview and references.

720 Henderson Highway
Winnipeg, MB
R2K 0Z5
Fax: (204) 661-0750
E-mail: hmprogram@gnalc.ca
Website: http://www.gnalc.ca/

Home Maintenance Program

For seniors 55+
The Home Maintenance program can provide you with names of individuals within your community who are able to do various jobs at reasonable rates.

**Housekeeping**
- Laundry & Ironing
- Change bed linens
- Wash floors
- Vacuum
- Wash walls & windows
- Clean inside cupboards
- Dust furniture
- Defrost freezer
- Clean fridge
- Clean oven
- Clean bathroom
- Empty & clean garbage containers
- Wash dishes
- Clean silverware
- Sewing

**Meal Preparation**
- Plan & prepare meals
- Wash dishes
- Shop for groceries

**Painting & Carpentry**
- Indoor & outdoor painting
- Build fences, steps & shelves
- Fix sticking doors

**Yard Work**
- Shovel snow
- Mow & rake lawns
- Dig, plant & weed gardens or flower beds
- Prune shrubs
- Fall clean-up of yards & gardens

**Minor Electrical & Plumbing**
- Fix leaking faucets
- Change showerheads & taps
- Replace light bulbs
- Change stove elements

**Handyman Jobs**
- Clean eaves troughs
- Do weather-stripping
- Put locks on doors
- Install railings
- Install grab bars
- Caulk tub & windows
- Clean garages

**How can we help you?**

1. Call the Program Coordinator at (204) 806-1303.
2. Explain the work you need to have completed.
3. You will be given the name(s) and phone numbers of service providers you can call.
4. Contact the worker and say you received their name and number from the Home Maintenance Program.

**Before you hire the worker:**

1. Ask what tools and supplies the worker expects you to have.
2. Ask about and agree on the total cost of the job. Then determine when and how the service provider will be paid (cheque or cash).
3. Agree on a date and time for the work to be done.

**After you hire the worker:**

*Be at home when the worker comes to do the job. Ask to see the workers identification card/badge.*