Changing lives in your community

NEW DIRECTIONS:

► Offers services in a culturally competent manner
► Honors the unique gifts and talents of the people with whom we work and the staff who deliver our services
► Continually improves its service delivery
► Develops relationships and partnerships that contribute to the well-being of the people with whom we work
► Is accountable in all its actions

DISCOVER A NEW DIRECTION

Remember that each of us touches the lives of those around us. Healthier, happier children, youth, adults and families mean healthier, happier communities.

You can help make your community stronger, starting with yourself... and with New Directions

To contact any of the New Directions’ family of programs:

NEW DIRECTIONS FOR CHILDREN, YOUTH, ADULTS & FAMILIES

500 - 717 Portage Avenue
Winnipeg, Manitoba R3G 0M8
Tel: 204.786.7051
Fax: 204.774.6468
newdirections.mb.ca

Charitable Registration # 13053 1114 RR0001
Services & Support

At New Directions, we provide a wide range of services that encompass a multitude of areas that can affect people’s lives. Some use one service, others may use many. Regardless of how many services someone uses, we’re here to provide support as people take steps to improve their lives – and through them, the lives of others in the community.

COUNSELLING, ASSESSMENT, SUPPORT & PREVENTION PROGRAMS

Family Therapy
Families Affected by Sexual Assault (FASA)
FASD Family Support, Education and Counselling Program
Opikihwawin ~ Aboriginal cultural activities for adoptee/fostered participants
Manitoba Learning Centre (Psychological assessment service)
The Parenting Centre
• Parent Support Groups
• Drop-In Counselling Service
• Help for Parents

TRAINING & EDUCATIONAL PROGRAMS

Training Resources for Youth (TRY)
Resources for Adolescent Parents (RAP)
Transition, Education and Resources for Females (TERF) Working with youth and adults exploited by the sex trade
Alternative Solutions Day Service ~ Six programs following a person-centred approach to offer education, recreation and work experience opportunities to participants with intellectual disabilities and/or mental health concerns

RESIDENTIAL & SUPPORT PROGRAMS

Community Treatment Homes and My Home Programs ~ Homes providing safe, supportive treatment services for children and youth in care
Treatment Resources and Individualized Living Supports (TRAILS) ~ Foster homes for high risk children and youth 0-18
Regional Specialized Foster Care (RSFC) ~ Foster homes for high risk children and youth 0-18 outside of Winnipeg
Bridges – A Long Term Residential Program ~ Foster care-provider homes for children/adults with intellectual disabilities who may have medical, mobility or mental health concerns
Supported Apartment Living (SAL) ~ Providing individualized community living supports for adults with special needs
Empowering People in the Community (EPC) ~ Supported family and/or independent living situations for individuals with intellectual disabilities, mental health issues or neurological disorders
Shift-Staffed Homes ~ Community residences providing intensive supports to adults with intellectual disabilities
Deaf Support Services ~ Providing support to Deaf and Hard of Hearing children and youth in the care and to Deaf and Hard of Hearing adults in need of residential and/or daily living support

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