Our Mission:
Supporting families in Manitoba to plan for an enriched quality of life for their family member with an intellectual disability.

Our History:
Continuity Care is a non-profit organization formed in 1995 by a group of dedicated parents, siblings and citizens who wanted to assist families, as well as others, in planning for the future of their family member with an intellectual disability. They were asking the question “What will happen to my child after I’m gone?” Adults with disabilities are outliving their parents. Siblings may reside in another community, may be looking after aging parents, or have busy families of their own. Demographic trends show that every generation has fewer and fewer siblings, aunts, uncles, nieces and nephews than the one before. This translates into fewer opportunities for extended family to provide support. Continuity Care is there to help. Families are strong and resourceful, but may need support in planning for the long-term security of their family member. We provide support, resources and tools to plan for each family and their unique set of circumstances.

How We Do It?
Continuity Care works effectively in partnership with families, community, government and service providers to ensure that families develop a future plan.

Continuity Care does not rely on government funding. This was important to the founding board members, as they wanted to remain autonomous to provide advocacy to families when needed. Our main source of funding is our Endowment Fund that was established through The Winnipeg Foundation in 1998 to sustain the core operation of the organization in perpetuity. The Endowment Fund currently does not cover all of our yearly operating costs, therefore, we continue to fundraise and seek out grant opportunities.

Our Services:
- Continuity Care responds to requests for information and can connect families with community resources that can help.
- Continuity Care offers workshops on topics related to planning for the future of a family member with a disability. Topics include: Wills and Estate Planning, Trusts and Trustees, Sharing Circles of Support, Creating a Portfolio and the RDSP.
- Continuity Care staff can come out to speak at organizations, conferences, schools, and rural community forums about our organization or on a specific topic related to planning.
- For our members, we offer individualized support and assistance with planning, problem solving, navigating the social service system, advocacy and connecting with community resources.
- We offer support groups, such as Senior Parent to Parent and Transitions Parent that meet on a monthly basis to discuss and explore common themes related to having a family member with a disability.
- We can provide information and resources on how to build and maintain a sharing circle of support for your family member with a disability.
- Quarterly newsletters containing articles and information on topics related to planning for the future, bulletins with information on our workshops, groups and upcoming events.

Membership:
We offer one year memberships for $20.00 per family or Lifetime memberships for $250.00 per family. With a membership you will receive: a copy of our Circle of Life Workbook, free registration for our workshops, quarterly newsletters and one to one planning.