

Hourly Meals and Break Periods

It is the policy of Canad Inns to provide meal and breaks time during the course of each workday. Mealtime is subtracted from the total number of hours worked each day and does not affect salary, overtime, or wage calculations.

All employees are entitled to receive a 15 minute rest period for every four hour shift and ½ hour unpaid lunch period when required to work more than five (5) hours.

Licensed areas, Beer store, Guest Services, Restaurant and Banquet employees, as well as Security, do not have specified break or meal periods, as it is understood that the nature of their employment allows for periodic rest opportunities during the course of their shifts.

Break times and designated areas will be scheduled by management as business conditions allow. When possible breaks should not overlap with others in order to maintain a high level of customer service during peak periods.

Break periods are considered as time worked and are provided by Canad Inns to the employee. Employees may not use break periods for the purpose of making up absences or for arriving late. Canad Inns provides break periods to allow employees to rest, and conduct limited personal business such as personal telephone calls.

AALTOS, Culinary, Banquets, and Food Bar employees are entitled to receive one meal per four (4) hour shift. Five Dollars (\$5.00) will be deducted from employees' pay cheques for each shift worked for this benefit. There is no other discount made available to the above mentioned departments.

All other employees are entitled to receive a 50% price discount for any one meal purchased up to ½ hour before, or after their shift, if they are unable to take a meal break. All employees' with the exception of Garbonzo's, 'I Bistro, and Tavern United staff, must purchase their meals at AALTOS.

Employees are encouraged to use the buffet be advised that menu selections may be limited depending on business conditions. Take-out containers are not permitted.